

Although some services can be applied to any stage of a project, Wellness Design can offer the most benefits when included from project start, in collaboration with a design team. When this is possible a blend of services is applied, outlined below. Based on client need this may include :

- Client Wellbeing/ Balance Assessment (existing and potential)
- Material Health recs
- Biophilic + Active Design
- Building Standard Equivalents (WELL, fitwel)
- Feng Shui Considerations
- Land + Clearing Ceremonies

### Full-Service Scope of Work (example)

#### Intake

- Review existing drawings + documents, as needed
- Initial research (site, neighborhood, surrounding landscape)
- Meeting with design team and/or clients for scope + objectives
- SOW & Estimate

#### Deliverable : Scope of Work and Estimate

- project understanding
- detailed Scope of Work
- Estimate

#### PHASE 1 : Planning & Programming

- Additional research based on Intake
- 1-2 Meetings with design team
  - Site visit (in person or virtual)
- Redline existing and new documents
- Initial report/ Client presentation

#### Deliverables : Redlined Drawings, Initial Report/ Presentation

Assessment and recommendations based on existing conditions (site, area, building), client needs, and collaboration with design team. May include :

- wellness focus/ objectives, based on intake
- existing + potential infractions and imbalances, recommendations
  - site, building
  - clients + lifestyle
- geometry, proportion and environmental considerations, recommendations
  - ordering system/ site geometry input
  - general Elements\* and spatial feel
  - sun/ shade studies and weather review (studies provided by design team)

\*water, wood, fire, earth, metal

## Remedies For Internal and External Environments

## **PHASE 2 : Concept/ Schematic**

- 1-2 Meetings with design team and/ or clients
- Material health : initial research
- Review concept design + redline
- Updated Report/ Presentation

### **Deliverables : Redlined Drawings, Updated Report**

Updates to Initial Report and recommendations, may include :

- respond to infractions from Phase 1, if any
- material considerations
- sensory design considerations
- well-being feature/ intervention recommendations

## **PHASE 3 : Design Development**

- 3-6 Meetings with design team/ clients + relevant consultants (Landscape, MEP, etc)
- Materials : research + BOD
  - material health
  - Elements for balance
- Sensory Design (lighting, acoustics, thermal, scent)
- Review drawings/ plans + redline
- Expanded report/ Presentation

### **Deliverables : Redlined Drawings, Expanded Report, Standards**

May include :

- outline recommendations + solutions in design
- CD considerations (acoustics, fastening, envelope, insulation, etc)
- standards for consultants (lighting, ventilation, water filtration, etc)
- material standards/ BOD (material specification is additional service)

## **PHASE 4 : Construction Documents (If Needed)**

- Review drawings/ plans + redline
- 1-2 Meetings with design team + contractor
- Material revisions

## **PHASE 5 : Construction Admin (If Needed)**

- Groundbreaking Ceremony
- 1-2 Site visits
- 1-2 Meetings with design team + contractor
- Material sample review/ revisions



## ADDITIONAL SERVICES

- Full Feng Shui Analysis
- Material Specification
- Wellness Appliances
  - Home Spa
  - Kitchen
  - Smart Home
  - Air & Water quality sensors
- Expanded Sensory Design
  - Lighting
  - Aromatherapy
  - Soundscape Design
- Space Clearing

